Designing Natural Landscapes:

Meadow Design with Native Prairie Seed Mixes





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Ecological Structure of the North American Prairie Grassland

The North American Prairie is a grassland ecosystem. It is composed of hundreds of different flowers and grasses, but is dominated by a few vigorous and adaptable grasses:

Botanical Name	Common Name	Prairie Habitat		
Andropogon gerardii	Big Bluestem	Dry to Wet Prairies		
Bouteloua curtipendula	Side Oats Grama	Dry Prairies		
Elymus canadensis	Canada Wild Rye	Dry to Wet Prairies		
Panicum virgatum	Switchgrass	Dry to Wet Prairies		
Schizachyrium scoparium	Little Bluestem	Dry to Medium Prairies		
Sorghastrum nutans	Indiangrass	Dry to Medium Prairies		
Sporobolus heterolepis	Prairie Dropseed	Dry to Medium Prairies		
Spartina pectinata	Prairie Cordgrass	Wet Prairies		

Although dozens of other grasses, sedges (Carex), and rushes (Scirpus) can be found on the American Prairie, the grasses listed above are the most commonly occurring and widespread across the entire prairie region. These grasses are most commonly used in prairie landscape design due to their adaptability and visual appeal.

Dozens of species of forbs (wildflowers) and a few small shrubs are interspersed among the prairie grasses in a natural prairie. The grasses typically dominate the flowers in remnant prairies, with the average ratio being approximately 80% grasses to 20% flowers in terms of stem density, although this ratio can vary widely from prairie to prairie.

The average Wisconsin prairie contains approximately 65 different species of higher plants, including flowers, grasses, sedges, and shrubs. Typically, five to fifteen different grasses and sedges are present in any given prairie, with the balance composed of flowers and small shrubs. Thus, the ratio of the number of flower species to graminoid species is approximately 80% flowers to 20% grasses, the reverse of the stem density for each of these two components.

The North American Prairie is recognized as being a tightly-knit, stable ecosystem that resists invasion by weeds. This is due to two primary factors:

- 1. The root systems of the prairie grasses are deep and densely fibrous, and nearly completely occupy the upper three feet of the soil rooting zone. Combined with the many deep-rooted flowers (some with roots up to twenty feet deep), the prairie forms a dense sod that resists invasion by other plants.
- 2. Most prairie plants are long-lived perennials that tend to persist for many years, often decades. Plant turnover and replacement in a mature prairie is very low, often with little or no change from year to year.

Once established, the prairie becomes a low maintenance, natural perennial garden or meadow. By



applying the principles of plant ecology in the prairie garden design process, the plants are selected and associated together to create a stable, functional ecosystem. This is the secret to creating successful low maintenance prairie meadows.

Meadow Design Principles and Prairie Seed Mixes

When designing a prairie seed mix, experience has shown that "What you plant is what you get." The composition of the original seed mix will strongly determine what species are present five, ten, and twenty-five years later. Seed mix composition is the primary factor in determining the long-term structure of the prairie, both in terms of the species composition and the relative quantities of each species.

Because the composition of the initial seed mix is such a strong determinant in what the prairie will look like, all the desired species should usually be planted in the initial installation. This is the most cost-effective method, for two reasons. First, only a single installation is required rather than two or more. Secondly, the seed will have the best chance of germination and survival in the initial seeding. There will be less competition compared to seeding in later years after the plants in the first seeding have matured.

Although it might seem prudent to split the costs of a prairie seeding into two phases, this typically ends up costing more and yielding poorer results in the long run.

If the goal is a prairie rich in flowers, it is best to plant seed in fall as a "dormant seeding." Fall plantings yield higher germination rates for prairie flowers. Many flower species have seed dormancies that are broken by exposure to cold, moist conditions, such as those experienced in the soil over-winter. Numerous studies have shown that fall-seeded prairies have a higher diversity and density of flowers, compared to spring or early summer seedings. When investing in a diversity of different flower species, it pays to schedule the planting for fall so as to maximize the results.

If the main goal of the prairie seeding is the establishment of warm season prairie grasses, and flowers are of secondary importance, seeding should take place in mid spring to early summer. The optimal time to seed most prairie grasses is when spring soil temperatures reach 75-80 degrees F., roughly the same as the spring planting date for corn (Zea mays). Dormant fall seedings typically exhibit decreased germination of warm season grasses the following spring. An exception is Prairie Dropseed, which does best when seeded in fall or early spring when soil temperatures are cool. Prairie Dropseed should not be seeded after mid-spring (May 15), as it typically does not germinate well after this date.

Although many prairie flowers germinate best when seeded in fall, many do fine when seeded in spring or early summer. Many species that require exposure to cool, moist conditions to break seed dormancy will remain viable in the soil over the summer and winter after a spring seeding, and then germinate the following spring.



Overseeding

A common misconception is that one can seed prairie grasses at the outset, and then overseed with flowers a few years later. Although it is true that this strategy can be employed successfully in some instances, it is rather inefficient. After three years of growth, the prairie grasses will have matured and established a thick sod. It becomes increasingly difficult for the prairie flowers to become established by scattering seed into an established prairie sod. The dense roots of the grasses that help to squeeze out weeds also prevent colonization by newly scattered prairie flowers.

If overseeding of flowers or grasses to enhance an existing planting is to be done successfully, it should be done in the first or second year after the initial seeding, before the prairie sod becomes fully developed. Overseeding in spring or fall using a no-till drill can be very effective. Broadcasting seed onto the soil in fall or winter also works well. The frost action of the soil during winter and early spring opens up small fissures in the soil into which the seed drops prior to spring germination.

Overseeding of flower seeds should be done in the autumn of the first or second growing season using a no-till drill or by broadcasting the seed. Overseeding can also be done in the spring of the second growing season using a no-till drill. Broadcasting seed onto the soil in spring is much less effective, as the seed does not have the benefit of winter frost action to work its way down into the soil.

Shortgrass prairies can be more successfully overseeded than tallgrass prairies. This is because the short prairie grasses, especially Little Bluestem and Side Oats Grama, are clump-forming, rather than sod-forming grasses. There is often sufficient space between the individual clumps for an over-seeding of flowers to become established. Tall prairie grasses such as Big Bluestem and Switchgrass –form a thick sod that lock up the soil rooting zone and effectively keep out all but the most aggressive plants. Indiangrass is a clump-forming tall grass that does not form a tight sod, thus leaving some room between the clumps for successful over-seeding of flowers.

An effective two-stage method of seeding prairies involves planting only the prairie grasses in the spring of the first year. The planting is treated with a broadleaf herbicide in mid to late summer to kill all non-grassy weeds, leaving the prairie grasses unaffected. The prairie flowers are then overseeding in the first fall, and will germinate the next spring with only moderate competition from the still-small one year old prairie grasses.. This is a very effective strategy for sites that have a history of serious weed problems, such as old fields, barnyards, and waste areas. It will not, however, control weedy grasses, and these are best eliminated prior to seeding.

Seed Mix Design Considerations

Tall, Short, and Mixed Height Prairies

The original American Tallgrass Prairie was composed of a wide variety of flowers and grasses of varying heights. Prairie plants are typically grouped into categories of tall (5- 10+ feet) and short (6 inches to 5 feet). If the American Prairie of the Midwest were to restored as it occurred two hundred years ago, it would be dominated by tall grasses and flowers. However, tall prairie plants are not



acceptable in some landscape settings. To address this concern short prairie seed mixes were first developed by Prairie Nursery in the early 1980's to better fit smaller spaces and landscapes where tall plants are not desirable.

The context in which the prairie is to be planted will determines the height of the plants to be used. For instance, a tall prairie is not a good choice for a small front yard. A good choice for this situation would be low-growing grasses such as Prairie Dropseed and Little Bluestem mixed with short flowers. In a large back yard or open field a tall prairie meadow can be a good choice, perhaps in conjunction with a short prairie meadow in the foreground.

The combination of tall and short prairies yields many advantages. First, it allows for the use of a wider diversity of plant species, which will attract more variety of butterflies and other invertebrates. Secondly, the two different prairies provide different plant cover types, each of which provides nesting opportunities for specific grassland birds. Finally, the landscape interest is increased with the wider variety of flowers and grasses that are provided when these two different prairie communities are planted adjacent to one another.

A word of caution: Tall prairie species tend to invade short prairie plantings, especially on rich, silt loam and clay loam soils. When working in a limited space of a few thousand square feet, it is recommended that only a short prairie be planted. This will preserve the integrity of the short prairie, and it will not eventually become a tall prairie by incursion from its taller neighbors. If it is acceptable for the tall prairie to gradually invade the short prairie, both can be planted in close quarters. The invasion process typically occurs over a period of many years, but it is almost a certainty.

The rate of invasion of tall prairie species into short prairies can be reduced by careful placement of the two prairie types. Most prairie seeds ripen in late summer and autumn. In North America, the prevailing winds at that time of year are generally from the west and northwest. Ripe seeds are most commonly blown by the wind from the northwest to southeast. The seeds from a tall prairie located to the west and north of a short prairie will primarily blow into the short prairie to the south and east. If possible, a tall prairie meadow should be planted east and south of a short prairie meadow to reduce the rate of invasion.

Seeds are also transported by animals, and the winds do not always come from the west and north. However, attention to planting location can make a significant difference in the long-term composition of short prairie meadows that are planted adjacent to tall prairies.

One way to enjoy the diversity of both short and tall prairie plants is to seed a Diverse Prairie meadow, consisting of a wide variety of tall and short flowers and grasses. This approach maximizes biodiversity, landscape interest, and wildlife habitat opportunities.

Ratio of Flowers to Grasses

A crucial decision that will determine the long-term appearance of a prairie is the ratio of flower seeds to grass seeds in the mix. As noted earlier, the composition of the original seed mix is the single most important factor in determining the eventual structure and appearance of the prairie for years to come.



Most people prefer a prairie meadow with a strong complement of flowers, and more than the average of 20% flowers presently found in a typical prairie remnant. Others prefer broad sweeps of prairie grasses, with few flowers to interrupt the uniform effect of the grasses. Some people want only certain flower colors in their prairie. Prairie seed mixes can be designed to accommodate almost any design preference.

Under no circumstances should a mix of pure prairie flowers with no grasses be planted. Such a mix will not have the dense grass roots that help control weeds. When flowers are planted to the exclusion of grasses, weeds inevitably become a problem and flourish in the areas of open soil between the flowers. Although it is possible to design mixes with a high percentage of fibrous-rooted flowers that occupy much of the surface soil and are competitive with most weeds, it is extremely difficult to achieve a truly low maintenance prairie landscape without including the prairie grasses.

If the prairie is to be managed using fire, the lack of grasses will render it virtually non-flammable, further complicating management and weed control. It is the grasses that supply the fine fuels to carry a prairie fire. The flower stems do not provide sufficiently dense and readily flammable material to support a prairie burn. In the absence of grasses, it is nearly impossible to conduct a burn to control weeds and favor the prairie species..

For a flower-rich prairie, use primarily low-growing, clump-forming prairie grasses such as Side Oats Grama, Little Bluestem and Prairie Dropseed. To maximize the flower component in a tall prairie seed mix, avoid the sod-forming Big Bluestem and Switchgrass.

Two excellent grasses for seeding with medium height and taller flowers are Indiangrass and Little Bluestem. These two clump-forming grasses allow room for growth of the prairie flowers while also helping to keep weeds to a minimum. They provide a fabulous fall color display, with the crimson of the Little Bluestem complementing the gold of the Indiangrass.

Seeding Rates

Seeding rates can be measured in two different ways:

- 1. Pounds per Acre (Kilograms per Hectare)
- 2. Seeds per Square Foot (Seeds per Square Meter)

Most prairie seed mixes are applied at a rate of 5 to 15 PLS pounds per acre, depending upon the components of the mix and the intended goal of the planting. Most of Prairie Nursery's prairie seed mixes contain 10 PLS pounds per acre, consisting of 6 PLS pounds of prairie grass and 4 PLS pounds of prairie flowers. This ratio of grasses to flowers has been shown over a period of 25 years to consistently yield prairie meadows with a good balance of these two components.

The most accurate way to determine seeding rates is to use the Seeds per Square Foot method. This indicates exactly how many seeds are being planted of each species per amount of area, and is an accurate way to measure the relative quantities of each species in the mix. The total weight of seed per acre (or per 1000 square feet) serves as a general guide when designing prairie seed mixes.



However, the seeds per square foot method provides a true measure of the actual number of seeds being planted per area for each species, and as a percentage of the total mix.

Many of the major prairie grasses have surprisingly similar seed sizes, usually around 8,000 seeds per ounce. Flower seeds, on the other hand, tend to vary widely. For instance, there are approximately 650 seeds per ounce of Compassplant (Silphium laciniatum). In comparison, one ounce of Culver's Root (Veronicastrum virginicum) contains over 750,000 seeds. Thus, Culver's Root contains 18,000 times as many seeds per ounce as does Compassplant.

General Rules of Thumb for Designing Seed Mixes

- 1. A prairie seed mix should contain a minimum of 40 seeds per square foot of perennial prairie species (excluding biennials such as Black Eyed Susan). Rates of 50 to 80 seeds per square meter are even better, and will typically provide excellent results.
- 2. Grasses should not exceed 20 seeds per square foot if a strong component of flowers is desired. When seeding tall prairie grasses, rates as low as 10 to 15 seeds per square foot will yield a better floral display.
- 3. Subtract out the seeding rates for any annuals or biennials (such as Partridge Pea (Cassia fasciculata), Dotted Mint (Monarda punctata), Black Eyed Susan, and Brown Eyed Susan) from the total seed mix to determine the "Perennial Seeding Rate." It is the perennial plants in the mix that will determine the long-term structure of prairie plant community. Annuals and biennials will fade out after the first few years, and will not be long-term members of the mature prairie plant community.
- 4. For a good display of flowers, at least 50% of the total seeding rate should be composed of perennial flowers, with 25 to 50 seeds of perennial flowers per square foot.
- 5. The biennial, Black Eyed Susan, can be planted at a rate of 4-10 seeds per square foot (1.5 to 4 ounces per acre) to create a floral display in the second year while the slower- growing perennial flowers and grasses are still developing.
- 6. Smaller-seeded species tend to "get lost in the shuffle" and need to be seeded at significantly higher rates per square foot than larger seeded species. Species containing more than 50,000 seeds per ounce should be seeded at two to three times the rate of larger seeded species (500 to 50,000 seeds per ounce) to account for this effect. Species that contain more than 200,000 seeds per ounce can be seeded at three to five times the rate as for larger seeds in terms of seeds per square foot.
- 7. Seeding rates should be increased for species that are to be more prominent in the planting. For instance, certain showy plants such as the Blazingstars (Liatris spp.), Pale Purple Coneflowers (Echinacea pallida.), Purple Prairie Clovers (Dalea purpurea.), Asters (Aster spp.), Spiderworts (Tradescantia spp.), Butterflyweed (Asclepias tuberosa), and Shootingstar (Dodecatheon meadia) can be safely seeded at high rates without jeopardizing the development of other species in the planting.
- 8. With the exception of extremely small-seed species, no single flower should be seeded at a rate of more than 5 seeds per square foot in a diverse prairie mix that contains at least a dozen flowers. Most flowers should be seeded at a rate of 0.50 to 3 seeds per square foot in a mix that contains



12 to 40 different flower species. Exceptions to this rule include aggressive plants that spread rapidly by seed or by rhizomes, such as Ox Eye Sunflower (Heliopsis helianthoides), Common Milkweed (Asclepias syriaca), and the genus Helianthus. These species should be seeded at very low rates, between 0.10 to 0.25 seeds per square foot. Large specimen plants that provide a lot of show per plant, such as members of the genera Baptisia and Silphium should also be seeded at lower rates of 0.25 to 0.50 seeds per square foot. Another approach is to spot-seed patches or drifts of specimen plants in designated areas to create the desired effect.

9. When seeding solid stands of prairie grasses, use a rate of 25 to 50 seeds per square foot. Some recommended seeding rates for solid stands of grasses are listed below:

ght per Acre	Seeds per Square Foot
10 PLS lbs. per acre	30 seeds per square foot
5 PLS lbs. per acre	33 seeds per square foot
10 PLS lbs. per acre	30 seeds per square foot
Short Prairie Grasses Weight per Acre	
per Acre	Seeds per Square Foot
per Acre 10 PLS lbs. per are	Seeds per Square Foot 29 seeds per square foot
	• •
	10 PLS lbs. per acre 5 PLS lbs. per acre

10. Certain aggressive species should be planted at rates that should never be exceeded. If planted at too high a rate, these plants may be "too successful," and out-compete other desirable species. It is critical that the proper balance between species be maintained. *Maximum seeding rates for selected aggressive species* are listed below. These rates apply to seed mixes that are designed to be balanced between a wide variety of species, with no individual species dominant over the others.

MAXIMUM SEEDING RATES FOR SELECTED AGGRESSIVE SPECIES

Grasses	Weight per Acre	Seeds per Square Foot
Andropogon gerardi	1.0 PLS lb./acre	3 seeds/sq. ft.
Panicum virgatum	0.5 PLS lb./acre	3 seeds/sq. ft
Flowers		
Agastache foeniculum	2.0 PLS oz./acre	3 seeds/sq. ft.
Asclepias syriaca	5.0 PLS oz./acre	0.50 seed/sq. ft.
Aster pilosus	0.5 PLS oz./acre	2 seeds/ sq. ft.
Coreopsis lanceolata	3.5 PLS oz./acre	1 seed/sq. ft.
Echinacea purpurea	6.5 PLS oz./ acre	1 seed/sq. ft.
Helianthus laetiflorus	2.0 PLS oz./acre	0.20 seed/sq. ft.
Helianthus mollis	1.5 PLS oz./acre	0.25 seed/sq. ft.
Monarda fistulosa	1.0 PLS oz./ acre	2 seeds/sq. ft.
Ratibida pinnata	4.0 PLS oz./ acre	2.5 seed/sq. ft.
Rudbeckia hirta	4.0 PLS oz./ acre	9 seeds/sq. ft.
Rudbeckia subtomentosa	2.0.PLS oz./ acre	2 seeds/sq. ft.
Rudbeckia triloba	4.0 PLS oz./ acre	3 seeds/sq. ft.



General Relationship Between Pounds per Acre and Seeds per Square Foot

As noted previously, most prairie seed mixes are seeded at rates between 5 and 15 PLS pounds per acre. The prairie grasses will typically be seeded at a rate of 4 to 10 PLS lbs. per acre, and the flowers at a rate of 1 to 5 PLS lbs. per acre. These seeding rates typically translate into grass seeding rates of 15 to 30 seeds per square foot, and flower seeding rates of 20 to 100 seeds per square foot or more, depending upon the exact seeding rate and species composition.

Seed Costs and Techniques to Stretch Your Budget

Most species of prairie grass seed are much cheaper than most prairie flower seeds. The cost to produce seed of most prairie grasses is significantly lower than the cost to produce most flower seeds. In situations where the seed budget is an issue, the ratio of flowers to grasses can be reduced. A similar amount of area will be covered, albeit it with fewer flowers and more grasses. As the flower seeding rate is reduced, the grass seeding rate is increased, in order to ensure proper coverage. The final total weight of the seed mix may decrease slightly, but not significantly.

Another technique is to calculate the "Seeds per Dollar" for each species. Just as there is a wide range in the number of seeds per ounce for individual species, there can also be a big difference in the number of "Seeds per Dollar." The prairie seed budget can be stretched by selecting those species that provide the most seeds per dollar, as calculated below for some popular species:

FLOWERS				
COMMON NAME	LATIN NAME	COST PER OZ	SEEDS PER OZ	SEEDS PER DOLLAR
Butterflyweed	Asclepias tuberosa	\$ 25.00	3,500	140
New England Aster	Aster novae-angliae	\$ 30.00	70,000	2333
White False Indigo	Baptisia lactea	\$ 8.00	1,600	200
Purple Prairie Clover	Dalea purpurea	\$ 5.00	20,000	4000
Shootingstar	Dodecatheon meadia	\$ 100.00	75,000	750
Pale Purple Coneflower	Echinacea pallida	\$ 12.00	5,000	417
Purple Coneflower	Echinacea pallida	\$ 5.00	6,600	1320
Prairie Blazingstar	Liatris pycnostachya	\$ 20.00	12,000	600
Lupine	Lupinus perennis	\$ 20.00	1,000	50
Bergamot	Monarda fistulosa	\$ 15.00	78,000	5200
Smooth Penstemon	Penstemon digitalis	\$ 10.00	100,000	10,000
Yellow Coneflower	Ratibida pinnata	\$ 5.00	27,000	5400
Black Eyed Susan	Rudbeckia hirta	\$ 5.00	100,000	20,000
Compassplant	Silphium laciniatum	\$ 20.00	650	33
Stiff Goldenrod	Solidago rigida	\$ 15.00	46,000	3067
Showy Goldenrod	Solidago speciosa	\$ 25.00	105,000	4200
Culvers Root	Veronicastrum virginicum	\$ 40.00	750,000	18,750



GRASSES				
COMMON NAME	LATIN NAME	COST PER OZ	SEEDS PER OZ	SEEDS PER DOLLAR
Big Bluestem	Andropogon gerardii	\$ 3.50	8,200	2343
Side Oats Grama	Bouteloua curtipendula	\$ 4.00	8,000	2000
Canada Wild Rye	Elymus canadensis	\$ 3.00	4,200	1400
Switchgrass	Panicum virgatum	\$ 3.00	18,000	6000
Little Bluestem	Schizachyrium scoparium	\$ 4.00	8,800	2200
Indiangrass	Sorghastrum nutans	\$ 3.00	8,300	2777
Prairie Dropseed	Sporobolus heterolepis	\$25.00	14,000	560

CAUTION: Do not select only those species that offer the most seeds per dollar. You may create an unbalanced mix that will not function properly. Be sure to include plenty of long- lived perennial flowers and grasses to ensure long-term success.

High and Low Visibility Areas

To stretch the seed budget and still attain the desired results in larger prairie planting, the site can be divided into "High Visibility" and "Low Visibility" areas. A more costly diverse prairie mix can be planted in the High Visibility areas. A second "budget mix" that contains fewer of the more costly flower seeds and more grasses can be planted in the low visibility areas. Mixes such as Prairie Nursery's Land Restoration Mix are an excellent value for creating an attractive "budget prairie" in background areas. These mixes contain 25% less flower seed and 25% more grass seed than the standard prairie mixes (3 PLS pounds flower seed per acre versus 4 PLS pounds flower seed per acre in standard mixes). A few of the more expensive seeds have also been reduced or eliminated, but these mixes provide reasonable diversity and good color throughout the growing season.

Using the Prairie Meadow

Paths can be designed into the prairie meadow to provide access to enjoy the flowers and grasses. Pathways should be part of the original design. An effective technique is to seed the paths to a slow-growing turf grass, such as Prairie Nursery's "No Mow" Lawn Mix.

Composed of fine fescue grasses (Festuca rubra and Festuca ovina), it makes an excellent walking path on loose, well-drained soils, and require only occasional mowing. It is not recommended for clay soils or low, wet areas. A standard Kentucky Bluegrass and Perennial Ryegrass turf mix is a good choice for heavy clay soils and moist areas.

Another cost effective design concept is to create "meadow islands" of a few hundred or thousand square feet within a lawn. This provides ready access to the meadow. Another option is to create a twenty to thirty foot wide "River of Prairie" that extends for a distance through a large lawn.

Beware of planting thin, narrow strips of prairie, as they are readily invaded from the edges by unwanted grasses and weeds. Prairie meadows function best when seeded in large areas, with



a minimum of external perimeter per internal area (such as a circle or large teardrop shape). To minimize the opportunity for unwanted plants to creep into the prairie from the edges, it is best to plant meadows in large open areas, rather than in long, narrow spaces.

Conclusion

The American Prairie is a dynamic, yet stable ecosystem that serves as an excellent natural model for creating attractive, ecologically sustainable urban landscapes. By selecting the species that are best adapted to your soil and growing conditions, and combining the seeds in the proper proportions, a variety of different landscape effects can be created.

With careful attention to design, establishment, and management, these adaptable plants can be used to one can create beautiful low maintenance meadows that create an abundance of habitat for birds, butterflies, and other wildlife. Coupled with their minimal requirements for irrigation, pesticides, and maintenance, prairies are a low maintenance and cost effective way to enhances the our living spaces while saving money and valuable resources.